# nā mele o nā maluluhi

Grad school, where you really start to appreciate summer break!

#### **August G&A Dates**

Please advise your fellow graduate students that the following deadlines for August are as follows:

**August 9** - Applications Due **August 16** - Letters of Rec Due **August 23** - GA Meeting

#### Volunteers for New Graduate Student Orientation needed

Grad Division needs volunteers for the New Graduate Student Orientation on August 13, 2018 from 9am to 2pm. If you can volunteer, please email Dr. Maeda your contact information with the Subject Line "NGSO Volunteer" to julienne@hawaii.edu

# **Open GSO Chair Positions**

- Employment & Compensation Chair
- Information and Communications Chair
- Sustainability Chair

To apply: gsopres@hawaii.edu

## PRESIDENT'S MESSAGE

Well hasn't this been an interesting summer? A sudden pay increase right before the fall semester! Biki setting up six stations on campus! France winning their second World Cup as they defeated Croatia 4-2 (Big shout outs to Croatia in their first appearance in the Finals)! The Hawaii Primary Elections is around the bend since every politician is now smiling like they want to be in the summer heat waving signs! And the soap opera known as United States politics with the recent Helsinki and EU visits continue to show that the roller coaster that is the Trump Administration begins a new track barreling towards Midterm Elections.

As July swiftly comes to an end, I want to remind everyone to take care of themselves. Grab yourselves some shave ice. Binge watch that season of *Game of Thrones* you've been holding out on. Ponder your existence and purpose on the shores of Makapu'u as you get crashed and rolled around by the waves while thinking about your next project and/or deadline! Whatever your activity may be, please gift yourselves some breathing time with friends and family. Because when August (and Duty Week...) comes you'll regret not taking a little moment for yourself.

I hope you enjoy this test run for the revamped, physical GSO Newsletter. The name "Nā Mele O Nā Maluhiluhi" is a throwback to the newsletters GSO made back in the 1990s. Translated as "the songs of the weary," graduate students back then were already tired, annoyed, and still coming together to make UH Mānoa a better place for graduate students. May it bring you laughter, reflection, and maybe a little piece of inspiration.

Finally, there is a poll at the end of this newsletter. If you could fill it out and return it before you leave tonight's GA, the EC would appreciate it a lot. There will be a digital version which you can share with your constituents on GSO's social media, so please follow GSO on Twitter and Facebook to find and share it.

-JV

## The Merit Based Scholarship Committee needs you!

The Merit Based Scholarship Committee needs members to finalize the Application process and help execute the selection process for the GSO-run Merit Based Scholarships. The GSO hopes to open the applications to graduate students January 2019. If you are interested in helping build this new award please email MBS Committee Chair Emilee Turner at emileet@hawaii.edu.

#### **UH Manoa Trivia**

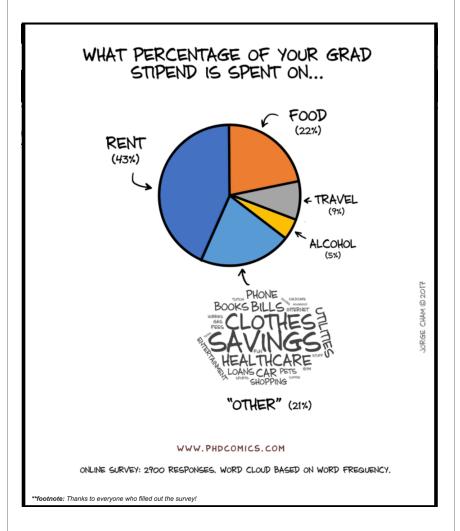
Be the first to email gsopres@hawaii.edu the answers to these questions three and win something contrived and possibly rewarding!



May luck favor your wits and fingers!

- I. What WWII group does the statue on the second level of Queen Liliuokalani Services commemorate?
- II. What color was the statue outside of Holmes School of Engineering three years ago?
- III. What is the place of origin of the two dog statues between of Paradise Palms and Hamilton Library?

#### Ph.D Comics Pick of the Month



#### **Breaking down the GA Pay Step Increase**

On July 2, 2018 a memorandum from Interim Chancellor David Lassner formalized the increase of GA pay to a Step 7 minimum beginning on August 1, 2018. This minimum step for graduate students will then be raised to Step 8 on August 1, 2019. UHM graduate students employed at another campus will have to be payed at these new minimum. While the GSO is happy to see some progress on graduate assistant compensation, there are still far too many things (sick leave, maternity leave, vacation hours, adherence to a 20 hour work week, safe work environments, and the list keeps going) that need to happen for graduate students standard of living and success to become better at UH Mānoa. Voice your opinions/thoughts/support/outrage in this month's poll!



#### Want to help the GSO Newsletter?

A great newsletter needs a great staff. If you have time to contribute content, whether that be contributing a short writing piece or a picture, editing the newsletter, sharing them to your friends in your department, posting a copy somewhere like your office door please let any of the GSO EC know. Send your email of interest to the qso@hawaii.edu, subject line "GSO Newsletter Staff"

# Ford Fellowship Applications Opening Soon

Ford Fellowships' Online Applications are opening soon! The online application for 2019 Ford Foundation Fellowships will open on Sept 4, 2018.

Predoctoral application deadline: Dec 13, 2018,12 PM (HST)

Dissertation & Postdoctoral application deadlines: Dec 6, 2018,12 PM (HST)

Supplementary Materials deadline for submitted applications:
Jan 8, 2019,12 PM (HST)

Notification of 2019 awards: March 2019

#### New UH Board of Regents Chair and Vice-Chairs

The GSO would like to congratulate the new University of Hawaii Board of Regents' Chairperson Lee Putnam and Vice-Chairs Jeffrey Portnoy (1st Chair) and Wayne Higaki (2nd Chair).

We look forward to working with the Regents this coming year in making UH Mānoa a more supportive and dynamic space for graduate students.

#### **HEALTHY SNACK CORNER**

Here's a cheap and nutritious snack full of energy and protein for the on the grad student.

#### Pan Fried Chickpeas (aka Channa)

- 1. Take 1 can of channa and drain.
- 2. In a separate bowl add 1 tsp paprika, 1 tsp of chili pepper, a pinch of salt & pepper & sugar, lime zest, and lime juice from one lime.
- 3. Fry chickpeas in oil over medium-high heat for five minutes, get them a golden brown color on outside; taste test for creamy texture on the inside
- 4. Scoop out channa and toss them in sauce and enjoy!

Recipe adapted from https://inquiringchef.com/pan-friedcrispy-chickpeas-with-lime/ (Which was an adapted from a *Bon Appétit* recipe. Because citations rule our lives). #alwaysciteyoursources

## GSO General Assembly - July Poll

What times work for you and other graduate students in your department for a Coffee Hour? (Circle one)

|                | 9-10am         |               | 11am-1pm    | 1pm-3pm                              |          |         |
|----------------|----------------|---------------|-------------|--------------------------------------|----------|---------|
| What things wo | _              |               |             | t UH Mānoa? (Sud<br>nomically, etc.) | ccess ca | n mean  |
|                |                |               |             |                                      |          |         |
|                |                |               |             |                                      |          |         |
| How do you fe  | el about the C | GA Pay Increa | se Memo? (C | ircle one)                           |          |         |
| (Unhappy)      | 1              | 2             | 3           | 4                                    | 5        | (Happy) |
| Other Commen   | nts/Thoughts   | on GA Pay In  | crease Memo | ?                                    |          |         |
|                |                |               |             |                                      |          |         |
|                |                |               |             |                                      |          |         |
|                |                |               |             |                                      |          |         |

**Doodle Space**