

The Mānoa Monthly

Provided by UHM Graduate Student Organization

Aloha Fellow UHM Graduate Students,

We are on the home stretch! I hope you are all feeling confident heading into finals. This is the final issue of the Mānoa Monthly for this semester and I thought I'd give a little thank you from the person behind the newsletter! My name is Sydney, I am a Masters student in Nutritional Sciences and I am the Information & Communications Chair of the GSO. I am a newer member of the GSO and I have loved my first semester serving on the Executive Council. I've already learned so much from this position and I'm looking forward to continuing next semester! Thank you to all who have sent in flyers and information to be shared. As a reminder, we have our final General Assembly for the year on December 9th and you can find the link and password right here.

Best of luck in the coming weeks and enjoy your upcoming break. Take some time for yourself!

With aloha,
Sydney Lofquist

News and features

2 - Important Dates & Events

3 - Join the GSO Executive Council

4 - Flyers

A large, stylized sunburst graphic made of yellow rectangular bars radiating from a central point, framing the text below.

General Assembly

December 9th - 6pm

ID: 922 4097 8555

PW: GSO2021GA

Fall Semester

Important Dates

December 9	Last day of Instruction
December 13 -17	Final Exams
December 17	Semester Ends
December 18	Commencement Date

Fall Semester GSO General Assembly Meetings

December 9



Grants & Awards Spotlight:

Melody Mann

PhD Psychology

Melody will be using her GSO award for equipment and organizational tools for her research in the "sensitivity and inclusion for BIPOC students in early childhood STEM."

Why did you choose UH?

"For the opportunity to work with my adviser Dr. Emily Daubert. Her extensive research background and experiences not only inspire me but motivate me to pursue my goals in higher academia."



JOIN THE GSO

Executive Council!

Enjoy a small monthly stipend, professional development, and representing your fellow graduate students!

Immediate appointment:

EMPLOYMENT & COMPENSATION CHAIR

The Employment and Compensation Chair's main focus is to increase Graduate Assistant pay and benefits, and oversee the improvement of working conditions, through engagement, investigation, documentation and reporting to the Executive Council. **Duties include, but are not limited to:**

- Acting as the liaison between the Academic Labor United (ALU), the leading graduate student labor organization on campus, and GSO
- Attending ALU meetings and reporting to the Executive Council
- Attending monthly GSO meetings

Spring Semester Appointment:

EVENTS CHAIR

The Events Chair is tasked with organizing social events for the graduate student body. This may include, but is not limited to:

- Organizing a monthly coffee hour
- Organizing at least 2 events per semester (such as a pau hana, volunteer events, trivia, etc.)
- Working with other chairs and organizations to plan and advertise events
- Attending monthly GSO and committee meetings

IF YOU ARE INTERESTED IN JOINING THE GSO EXECUTIVE COUNCIL, EMAIL GSO@HAWAII.EDU INDICATING YOUR PREFERRED POSITION

KNAUSS FELLOWSHIP

APPLY NOW KNAUSS MARINE POLICY FELLOWSHIP

Open to graduate students interested in ocean, coastal and Great Lakes resources and national policy decisions.

You may have the once-in-a-lifetime opportunity to work in a Legislative or Executive Branch in the U.S.

Government in Washington D.C.!

- One-year paid fellowship to begin February 1, 2023
- Fellows receive a \$66,500/year stipend
- Open to students completing graduate degrees (e.g., MS, PhD, JD)

Website: <http://seagrants.noaa.gov/Knauss>

APPLICATION DEADLINE:

Friday, February 18,
2022, 5:00 pm

SUBMIT TO:

- Hawai'i Sea Grant
through [eProjects](#)

FOR MORE INFO PLEASE CONTACT

Maya Walton
Hawai'i Sea Grant

waltonm@hawaii.edu





SURVEY INVITE!

Aloha!

My name is Maha Harpool and I am a graduate student at the University of Hawai'i at Mānoa in the School of Communications.

You are being invited to participate in a close-ended survey on Zoom Fatigue that is being conducted as part of the requirements for earning my graduate degree.

This close ended survey will take approximately 30 minutes to complete. You will be one of about a few hundred survey participants. You are asked to please forward the survey link to as many friends or classmates who are likewise enrolled at UH Manoa and have taken or are currently taking Zoom classes during the COVID-19 pandemic.

Please click here to access the survey:

https://manoahawaiiiss.az1.qualtrics.com/jfe/form/SV_6zDwCKXHEyDG02W

For questions, concerns, complaints you may contact Maha Harpool, the principal investigator for this study by email at mharpool@hawaii.edu. You can also contact my advisor, Dr. Rachel Neo at rneo@hawaii.edu or phone at 808-956-3332.

Your participation is highly appreciated!



2022 UNDERGRADUATE and GRADUATE Minority Health Research Training (MHRT) Program in Health Disparities at the University of Hawaii

Now Accepting Applications for
Spring and Summer 2022

- The MHRT Program provides directed reading coursework at UH Manoa where students learn to conduct research.
- Undergraduates/post-baccalaureate students conduct an 8 to 10 week summer research project.
- Graduate students conduct a 3+ month research project.
- Topics focus on national and international community based participatory research, socio-behavioral research, research in tropical medicine, infectious diseases and related health sciences.

PROGRAM BENEFITS

- Stipend while conducting summer research and funds for research supplies.
- Life changing research and cultural experiences!
- Earn up to 10 credits of directed research courses in the Spring and Summer semesters.

ELIGIBILITY

Students from all academic disciplines are encouraged to apply.

- US Citizens and permanent residents
- Undergraduate and graduate students
- Must be either from:
 - Under-represented minority group
 - Socioeconomically disadvantaged background
 - Rural areas
 - Other underrepresented groups in education and research
- For full eligibility criteria, refer to:

<https://grants.nih.gov/grants/guide/notice-files/NOT-OD-20-031.html>



For more information:

Visit us at: <https://manoa.hawaii.edu/tropicalmedicine/mhirt/>
Email us at mhirt-l@lists.hawaii.edu or Dr. Vivek R. Nerurkar (nerurkar@hawaii.edu) or Dr. Angela Sy (sya@hawaii.edu)



NIMHD
National Institute on Minority Health and Health Disparities



The MHIRT program at University of Hawaii is funded through the National Institute on Minority Health and Health Disparities, National Institutes of Health Grant # 5T37MD008636-09

Rolling deadline for applications till **December 1, 2021**



APPLY NOW!

**MARTIN LUTHER KING JR.
ONCE SAID,**

“

Our lives begin
to **end** the day
we become
silent about
the things that
matter.



*Courtesy of the Miyamoto Photograph
Collection (C64-00011) in the
University Archives & Manuscripts
at the University of Hawai'i at
Mānoa Library*

**Are we
speaking?**

PARTICIPANTS NEEDED

**SUPPORT STUDENT-LED RESEARCH,
TAKE THE SURVEY**

**Legislative Civic Engagement of Oahu
Young Adults and Teens**

ELIGIBILITY

Age 14-29 and Living on Oahu

SCAN ME

**ENDS
DECEMBER 6
(MONDAY EVENING)**

SURVEY IS SHORT, ONLINE & ANONYMOUS

Scan the QR Code here for more info and to access the survey
OR go here <https://linktr.ee/TheLCEOYATResearchProject>

Contact for Questions

Jannah Lyn Dela Cruz, jldc2@hawaii.edu
Student Researcher at UH Mānoa





**Thank you for
engaging in this
brochure!**

**See this QR code for
more tips/advice
from your UHM Peer
Mentors**



CONTACT

Counseling and Student Development Center Peer Fellows

Email: csdcpeer@hawaii.edu

Instagram: [@csdcpeerfellows](https://www.instagram.com/csdcpeerfellows)

Website: go.Hawaii.edu/fHv

Phone: 808-956-7927

Office: QLC 312(CSDC) & QLC 306B (Peer
Fellows)

Mānoa Peer Advisors (MPA)

Email: uhmpa@hawaii.edu

Instagram: [@manoapeeradvisors](https://www.instagram.com/manoapeeradvisors)

Website: manoa.hawaii.edu/undergrad/mpa

Office: QLC 101

WARRIOR TO WARRIOR

Tips from students for students

BY EZRALEI EUGENIO

ABOUT THIS BROCHURE:

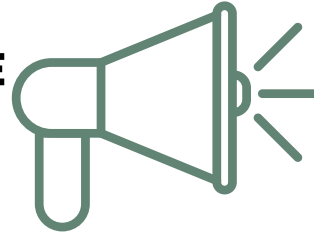
This Warrior to Warrior brochure provides students with personal tips and quotes from UH Mānoa's peer mentors from the Mānoa Peer Advisors and the Peer Fellows. These tips highlight personal experiences and lessons from each peer mentor in hopes to bring comfort and reassurance to UH Warriors. Enjoy!

Value your relationships with your friends and family. Your connections can help you with school, work, and giving you support

-Darcie, Peer Fellow



**ASK
QUESTIONS TO
ANYONE IN THE
SYSTEM!
-JORDAN,
MĀNOA PEER
ADVISOR**



*Take care
of yourself*

-Sherylynn, Mānoa Peer Advisor



Don't use others' successes, accomplishments, or lives as a measuring stick for your own

BRE, PEER FELLOW

TIPS FROM PEER MENTORS



Self Care

Advocate for a self care that works for you!



Resiliency



Keep pushing through, you can do it!

Freshman Year Foundations

Familiarize yourself with campus resources and opportunities
Get connected!



Take advantage of campus resources and peer mentoring services!





The 7th Annual HJH&SW Writing Contest

Enter to win \$500 and
publication of your research
paper

**Deadline: December 31,
2021, 5:00PM HST**

For more information on rules and
guidelines visit:

[https://hawaiijournalhealth.org/contest.
htm](https://hawaiijournalhealth.org/contest.htm)

APPLICATION DEADLINE: open until filled



UNIVERSITY OF HAWAII
CANCER CENTER

University of Hawai'i Cancer Center

*Cancer Research Education, Advancement, Training and Empowerment (CREATE)
Cancer Research Internship Program*

2021-2022 Academic Year

First-year graduate students are invited to apply for a fellowship at the University of Hawaii Cancer Center. Our training program CREATE at the UH Cancer Center offers first-year graduate students the opportunity to gain research experience for one semester which can be either Fall or Spring. Each student will be paired with a faculty mentor to work in Population Sciences in the Pacific or Cancer Biology.

Internship Duration and Compensation: The award allows a total of \$9,000 per trainee during an 18-week program (20 hours per week). The trainees will receive 3 lump sum payments of \$3,000 every 6 weeks.

ELIGIBILITY REQUIREMENTS:

- First-year or incoming first-year graduate student in the following disciplines:
 - Public Health Studies (Epidemiology, Social and Behavioral Health Sciences, Native Hawaiian and Indigenous Health); Human Nutrition, Animal and Food Sciences; Clinical Psychology; Geography; Social Work; Chemistry; Life Sciences; Cell and Molecular Biology; Molecular Biosciences and Bioengineering, or related discipline.
- Academically outstanding (at least a 3.5 GPA)
- Stated interest in cancer research
- United States citizens or holder of permanent resident visa
- Applicants with a relevant thesis topic will be preferred.

SUBMISSION INSTRUCTIONS:

Completed fellowship applications should be submitted following formal admittance to a graduate program at UH Mānoa.

To apply:

1. Submit by email your completed application; curriculum vitae; statement of research interests and career goals to Dr. Gertraud Maskarinec at gertraud@cc.hawaii.edu with a copy to trainees@cc.hawaii.edu.

FOR MORE INFORMATION:

For more information about the position, please contact us at trainees@cc.hawaii.edu

APPLICATION DEADLINE: open until filled

Application for UHCC CREATE Program, 2022

PERSONAL INFORMATION:

First/Last Name

Mailing address (City, State, Zip Code)

Email

Phone

DEMOGRAPHICS:

What is your ethnicity? (check all that apply)

- ☐ Chamorro
- ☐ Micronesian (please specify) _____
- ☐ Other Pacific Islander (please specify) _____
- ☐ Filipino
- ☐ African American/Black
- ☐ Hispanic
- ☐ American Indian/Native American
- ☐ White/Caucasian
- ☐ Other (please specify) _____

MASTER/DOCTORAL PROGRAM AT UH:

ACADEMIC ADVISOR AT UH:

PROPOSED MENTOR AT UHCC:

PROPOSED PROJECT AT UHCC:

RESEARCH INTERESTS AND CAREER GOALS:

On a separate sheet of paper (limit 1 page), please describe your career goals and explain why you are interested in cancer research. If you have had any previous research experience please describe the nature and duration of that work. Be sure to include where and with whom that research was conducted. Also describe how your interests match those of your proposed mentor at UHCC.

CURRICULUM VITAE:

Please submit a copy of your curriculum vitae reflecting your professional and research experience, education, honors and awards as well as published manuscripts and abstracts.