

GSO NEWSLETTER

Message from the Info & Communications Chair

Aloha everyone,

I saw a tweet the other day (well, a screenshot of a tweet) that said something like, "Drink every time an organization sends you an email that mentions 'In these unprecedented times...'" I know we'd all have alcohol poisoning if we actually played this game. My inbox has been filled with so many messages, from my bank, my dentist, even from Victoria's Secret.

Grad school is already tough as it is. Now we are exerting so much mental and emotional labor to keep up with the constant stream of information on COVID-19 locally and around the world. So my message to you, as GSO Info & Communications Chair, is short and simple (although cheesy).

You are not alone.

You don't have to do this alone. GSO is here to help. Have questions or concerns? We'll help you find the answers and resources you need. Just want to vent, hang out, or share a funny gif? Reach out via email or Facebook!

In addition to the [UH Urgent Student Relief Fund](#), check out [ALU's Hardship Fund](#), their [COVID-19 resource page](#), and their [mutual aid Facebook page](#).

With love,

Maura

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Important Message from the Grants & Awards Chair

Dear all,

We do understand that we are living in challenging times, and as always we will try our best to help you.

As you well know, almost all travel from Hawai'i deemed non-essential should now be postponed until the lifting of restrictions. This is painful to many of us, as some of these projects took months if not years to prepare for. It is tough, but for now our research will go on, albeit through virtual pathways.

We will continue accepting and reviewing applications, as well as reimbursing for the funded ones that took place before the pandemic. Our review process will be conducted online, after the regular General Assembly meetings. Regular Grants & Awards policies will still be followed (www.tinyurl.com/GSOGA-policies).

If your research or travel grant has been affected by the COVID-19 pandemic related restrictions please consider the following guidelines:

- o Applicants who had to cancel their trips due to pandemic related restrictions are requested to pursue all reasonable pathways to obtain refunds for their airfare, accommodations, and conference fees. If these pathways have been exhausted and the supplier of either of the funded budget lines refused to issue a refund, GSO will consider reimbursement requests on a case-by-case basis.
- o Activities that were approved for funding and have been postponed due to the pandemic related restrictions will be considered for reallocation. In each case the student has to apply for reallocation individually, with evidence of event delay. In order to receive the reimbursement for an event delayed due to COVID-19, the applicant must be a current student of UH Mānoa at the time of reimbursement.
- o Until further notice, the meeting with GSO office staff required for reimbursement will be conducted online. To schedule an online reimbursement meeting, use this link: <https://doodle.com/mm/uhmanoagraduatestudentorganization/award-meeting>. Please consult the reimbursement guidelines for the materials and documents needed for the meeting (<https://uhmgso.wixsite.com/website/reimbursement>).

We all know that the current conditions are volatile and changing rapidly. Please stay safe, and as always, we will do our best and keep working with you.

Sincerely,

Kasia Biaspalava
Grants & Awards Chair

Upcoming GSO Deadlines and Meetings:

4/2: G&A April Letters of Recommendation Due

4/9: General Assembly Meeting, 6PM-8PM,

[https://hawaii.zoom.us/j/606176251?](https://hawaii.zoom.us/j/606176251?pwd=cHp3K0JKRUtBRW9KeURYNjVuUkVFZz09)

[pwd=cHp3K0JKRUtBRW9KeURYNjVuUkVFZz09](https://hawaii.zoom.us/j/606176251?pwd=cHp3K0JKRUtBRW9KeURYNjVuUkVFZz09)

(Meeting ID: 606 176 251);

GSO Elections nominations deadline (12 PM for written nominations)

4/23: G&A May Applications Due; Executive Council Meeting, 6PM-8PM,

<https://zoom.us/j/512289127> (Meeting ID: 512 289 127)

4/30: G&A May Letters of Recommendation Due

5/7: General Assembly Meeting, 6PM-8PM, Zoom (link coming soon)

2020 E. Gordon Grau Coastal and Marine Resource Management Fellowship

Are you a graduate student with an interest in management and policy decisions connected to ocean and coastal resources in Hawai'i? If so, consider applying for the E. Gordon Grau Coastal and Marine Resource Management Fellowship Program (Grau Fellowship). The Grau Fellowship is a two-year paid fellowship where highly qualified graduate students are matched with hosts in state, federal or municipal agencies and non-profits in Hawai'i. Grau Fellows receive a \$58,000 stipend for each year of their fellowship.

For more information please

visit <http://seagrant.soest.hawaii.edu/about/opportunities> or contact Hawai'i

Sea Grant Program Leader, Maya Walton (waltonm@hawaii.edu).

Deadline: Friday May 1, 2020 5:00 PM: applications due through eProjects

(https://www.soest.hawaii.edu/eProjects/login/login_login.php)

Fellowship start date: August 2020

Grants & Awards Spotlights

Grace Tabalno Peralta, Communicology

Grace Tabalno Peralta is an M.A. candidate in the Department of Communicology. With GSO support, she completed an applied project with the Boys & Girls Club of Hawai`i-Kaua`i Branch. Her project was titled: Equipping teens at the Boys & Girls Club of Hawai`i-Kaua`i Branch with public speaking and interview skills to expand their oral communicative capacity.



Grace Tabalno Peralta with members of the Boys & Girls Club of Hawai`i-Kaua`i Branch

Louie Mar Gangcuangco, Tropical Medicine



Dr. Louie Mar Gangcuangco at the International AIDS Conference in Mexico City in July 2019. Standing next to him is Timothy Brown, "The Berlin Patient," the first patient cured of HIV through stem cell transplantation. Dr. Gangcuangco is a Master's student in Tropical Medicine and received partial GSO funding for his poster presentation on HIV and metabolism.

2020 Elections!

Greetings,

We hope everyone is staying safe, healthy and well. **The 2020 GSO Election Cycle has officially begun!** Nominations are being accepted for the positions of President, Vice President, Secretary, and Treasurer. Each of these positions is compensated with a monthly stipend. Descriptions for each of these positions can be found at the GSO website (gso.hawaii.edu).

There are two ways to get nominated:

1) Written nominations must be received by the Elections Committee by 12 PM on April 9th via gsoelect@hawaii.edu through the UH filedrop system, which can be accessed through the following link: <https://www.hawaii.edu/filedrop/>. Written nominees are required to fill out the Official Nomination Form, which requires the name and email address of 25 current UHM graduate students who support the candidate's nomination. You can find the form at our website, under Elections.

2) Floor nominations can be made during the GSO General Assembly meeting on April 9th (6-8 PM). This meeting will be held via Zoom and is open to all GSO constituents. A link to the Zoom meeting will be sent to your UH email address soon.

You can also view election information on the GSO website. If you have any questions about the election procedures, please contact the Elections Committee at gsoelect@hawaii.edu.

Thanks,

The 2020 Elections Committee

Nathalie Rita, Ikenna Nometa, and Alissa Hugel

Instructions for GSO Zoom Meetings

For the April and May GSO General Assembly and Grants & Awards decision meetings, we will be meeting via Zoom. **We will NOT be meeting in person / on-campus!**

In advance of the first GSO Zoom meeting, make sure that you have set up a Zoom account and installed Zoom on your preferred device. If you have never used Zoom before, we encourage you to familiarize yourself with the basic features before the meeting. We recommend you start with our “GSO Zoom Tips” (on the following page) and the Zoom Help Center: <https://support.zoom.us/hc/en-us>. There are plenty of other online resources and tips as well. While by no means a Zoom expert, our Information & Communications Chair (gsoinfo@hawaii.edu) can help you with any GSO Zoom meeting questions.

Here are the link and Meeting ID for the April General Assembly meeting:

<https://hawaii.zoom.us/j/606176251?pwd=cHp3K0JKRUtBRW9KeURYNjVuUkVFZz09> (Meeting ID: 606 176 251)

The April GA meeting will begin at 6 PM on Thursday, April 9th. Click on the link above to join the meeting, or copy and paste the Meeting ID after clicking “Join Meeting” in the Zoom application.

You will automatically be muted upon joining the meeting. **Please stay muted, when not speaking, to reduce background noise and interference.** Use of webcam video is optional.

Below is an outline of how the meeting will be run. It will be quite similar to an in-person GA meeting, albeit a slightly different format!

1. Like at a typical GA meeting, once you join the meeting, please use the QR code on the first page of the agenda slides to complete program rep check-in.
2. One of the Executive Council (EC) members will be sharing their screen to display the agenda slides as each EC member gives their report.
3. To vote: use the green ‘yes’ button to vote “aye”, the red ‘no’ button to vote “nay”, and the blue teacup ‘take a break’ button to “abstain.” **Remember: only EC members and program reps can vote, and only one vote per program!**
4. The EC members will take turns giving their respective reports. There will be time allotted at the end of each report for questions and discussion.
5. To speak or ask a question: A) Type your question/statement into the Chat. Your question will be answered during the questions/discussion time at the end of the relevant EC report. OR B) Use the blue hand icon to “raise your hand.” Wait until you are called on by the relevant EC member, then speak. Deactivate the “raise your hand” button once you are done. **Whether you are typing or speaking, don’t forget to include your program name, just like at a typical GA meeting!**
6. We will use Zoom’s breakout rooms feature to conduct the Grants & Awards Color Group meetings. Please refer to Zoom’s guide to participating in breakout rooms: <https://support.zoom.us/hc/en-us/articles/115005769646-Participating-in-Breakout-Rooms>

GSO appreciates your flexibility and patience as we all adapt to this new format!

Zoom and You:

A GSO-Specific Quick and Dirty Guide

Below are some of the basic features and tools you will use during the GSO General Assembly / Grants & Awards meeting. Visit the Zoom Help Center for further details (<https://support.zoom.us/hc/en-us>).

Join a meeting

Once you've downloaded and installed Zoom, you will have the option to plug in a room code. This code will be provided to you.

Mute/unmute yourself

Please mute yourself if you do not currently have the floor. The "mute" button looks like a microphone and is in the lower left-hand corner of your screen. If you have the floor, you can either hold the spacebar to temporarily unmute yourself or you can click the microphone button to unmute yourself. Please remember to mute yourself after you've finished speaking.

Raise/lower your hand

In the "participants" window, there is a row of icons at the bottom of the list. One is a small blue hand. Click it to "raise your hand." Click the icon again and you will lower your hand. Please remember to lower your hand once your question has been answered.

Vote "aye"

In order to vote "aye," click the green "check" button on the bottom of the "participants" window. Click on it again to remove the icon.

Vote "nay"

In order to vote "nay" click the red "x" button on the bottom of the "participants" window. Click on it again to remove the icon.

Vote "abstain"

Should you choose to abstain from a vote, click on the blue teacup icon (it's marked "take a break" but for our purposes we are using it to abstain from a vote). Click on it again to remove the icon.

Join or leave a breakout room

For the Grants & Awards Color Group meetings, you will see a pop-up window that says, "The host is inviting you to join Breakout Room: [your Color Group]." Click "Join" to immediately enter your breakout room, or click "Later" to enter the room later. You can find the option to enter your room toward the lower right-hand corner of your window. You can leave your breakout room and return to the main meeting room at any point, using the button in the lower right-hand corner of your window.

'Ask for help' in a breakout room

While in your Color Group room, you can call on the host to join you in your room by clicking on the "Ask for Help" button in the toolbar at the bottom of your window.

Leave a meeting

In the bottom right hand of the main window there is a red text icon that says "leave meeting." In order to leave a meeting, click that icon and then confirm you are sure.

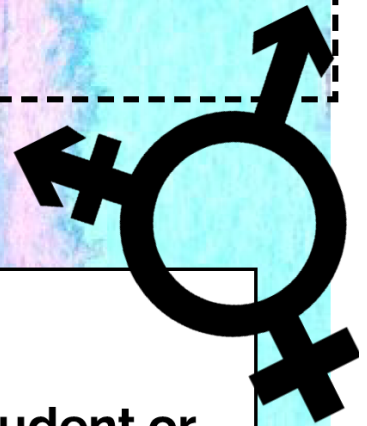
Creating a More Inclusive Campus: Experiences of Gender Variant/Transgender Students at The University of Hawai'i at Mānoa

Campus Climate Study

Master of Social Work (MSW) Candidates under the supervision of Dr. Rebecca Stotzer are conducting an exploratory study that seeks to uncover the lived experiences among self-identified transgender/gender-variant students and alumni from the University of Hawai'i at Mānoa. As a voluntary participant, you will get the opportunity to share your experiences and perspectives during a 45-60 minute interview conducted in English. If interested, please determine if you meet the following eligibility criterion's listed below.

Eligibility Criteria

- Do you self-identify as **gender-variant / transgender**?
- Are you a University of Hawai'i at Mānoa **student or alumni** (graduated within the last 5-years)?
- Are you over the age of **18 years old**?



If yes, then we would love to hear your story!

Contact: jarresa@hawaii.edu